



# National Train-the-Trainer Program

DeKalb, Ill \* July 20 & 21, 2005

## RESIDENT ASSISTANT TRAINING *Preparation of University Resident Assistants*

**Co-Sponsor:** [Northern Illinois University](#) \* [Blanche McHugh](#)

**Location:** Northern Illinois University – DeKalb, Illinois

[MAP](#)

**Training Site:** Building 7 (*Stevenson Towers*) Building

[MAP](#)

The R.A. is often the most important representative of the university in the life of a campus resident. Universities have always provided quality training to the RA's in working with the day-to-day issues that affect their hall members. This training is augmented by Keys RA Training, which provides Trainers of R.A. essentials in dealing with the ever increasing emotional issues that arise in the hall: *Anger Management, Early Warning Signs* and *Critical Disorders*.

### Anger Management/De-escalation

This teaches the RA how to recognize anger as it builds and provides him or her with the means to de-escalate that anger without over reacting and causing more problems.

### Identification of the [Potentially Dangerous Student](#)

Violence is almost always preceded by *Early Warning Signs* that the RA can be taught to identify. Once identified, the RA is equipped to take appropriate action or to refer the individual to a source of help.

### Critical Disorders

These disorders, that every RA may expect to encounter, include *Suicide, Eating Disorders, Depression, Anxiety* and *Stress*.

This *Train-the-Trainer Model* will ultimately equip the RA to recognize these emotional issues so that the hall member can receive professional help early and prevent injury or withdrawal from school. When trained by Trainers the RA will use these same skills to prevent personal burnout by being able to identify these traits within themselves and knowing what to do about it.

**REGISTER TODAY!** - [Click Here](#)

The **EARLY REGISTRATION SPECIAL**  
price of \$225 \* **Act today!**

**Deadline:** *Payment Postmarked by July 20, 2005. Standard Price thereafter \$260.00.*

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- For more information on this service, email to us at [Keys@keystosaferschools.com](mailto:Keys@keystosaferschools.com)

**Keys To Safer Schools.com** \* *Not-for-Profit Organization* \* **800.504.7355**

Your email address was provided as having an interest in School Violence issues. If you do not wish to receive any further emails, go to <http://www.keystosaferschools.com/Remove.htm> and unsubscribe.

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